

## Congratulations

Telsonic Germany MD becomes ironman on Hawaii

PLASTIC WELDING

METAL WELDING

CUTTING

CLEANING

SCREENING



### Endurance sport is a way of life

Last year, Claus Regenberg, Managing Director of TELSONIC GmbH Germany, qualified for the 2018 Ironman World Championship on Hawaii. So on 13 October, he took to the start line at the 40th Ironman: ahead of him was a 3.86 km swim, a 180.2 km cycle involving a gruelling total ascent of 1700 metres and – to top it all off – a 42.195 km marathon. But even before starting the challenge, this passionate endurance athlete had already achieved an important goal. After all, pretty much every triathlete dreams of experiencing the stunning scenery and unique atmosphere of the small town of Kailua-Kona on Big Island during the world championship at least once in their lifetime. Claus Regenberg was no exception – he was thrilled to be able to prove himself here as an ironman. “Now I can reap the rewards of all the work I’ve put in over the last few years,” declared the Telsonic MD, who has been competing in endurance sport events for more than two decades. He has been supported along the way by his family who have long since got used to their holidays being planned around his sporting pursuits.

The eight to fourteen hours that he has to devote to training each week is something that he manages to incorporate into his daily routine wherever possible. Ultimately, Claus Regenberg views sport as a way of life and therefore has been known to travel to work on his mountain bike, manages to fit in a quick half-marathon first thing in the morning, and naturally also maintains a balanced diet. “I find sport fun, it makes me feel good and my health benefits too”, he explains. This positive mindset, the stamina he has acquired and his healthy ambition also help the 51-year-old in his work life. Under his leadership, TELSONIC GmbH, which was founded in the German university city of Erlangen in 1989, has gone from strength to strength to become a renowned specialist in the ultrasonic welding of plastics and metals. On Hawaii, Regenberg took to the start line in a race suit bearing the company logo for the first time and went on to complete the demanding course – an astounding achievement for this dedicated amateur athlete.

Time: **11:02:04**

Place: **118**  
(age group 50–54)